NiE

NEWCOMERS' INFO EVENING



Upcoming Events

International Company Day - November 12
Finally Friday - November 13th
Little Friends - November 18th
Meet Your Club - November 19th
The Danish Healthcare System - Dec. 10th

international.aarhus.dk/events
internationalcommunity.dk/events
internationalstaff.au.dk



Health



Before having a CPR number

- You are **not covered by Danish health insurance** before getting a CPR number
- You may have to **pay for hospital care**
- Some exceptions apply (e.g. **EU rules or Nordic residency**)
- Bring a valid **European Health Insurance Card (EHIC)** if you can
- The EHIC means your **home country covers your costs**
- If you are from **outside the EU/EEA**, get **private travel insurance**

Websites & Digital Denmark



Your new Danish home



The OH-SO difficult language...



Welcome to Aarhus

Agenda

- Your new Danish home
- Websites and Digital Denmark
- Health and your GP
- Social life
- The oh-so difficult Danish language
- Transportation
- Job search
- Networking
- Upcoming events
- Map and Utatt



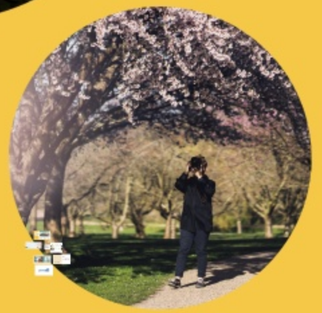
Transportation



Social Life



Networking



Job search

Organized by:

CITY OF AARHUS

INTERNATIONAL COMMUNITY BY ERHVERV AARHUS

In cooperation with: AARHUS UNIVERSITY





Welcome to Aarhus

Agenda

- Your new Danish home
- Websites and Digital Denmark
- Health and your GP
- Social life
- The oh so difficult Danish language
- Transportation
- Job search
- Networking
- Upcoming events
- Stay and chat!



















Your new Danish home

Aarhus



Let's talk about "THAT"



“Der findes ikke dårligt vejr, men kun dårlig påklædning”

There isn’t bad weather, only bad clothing”

Winter



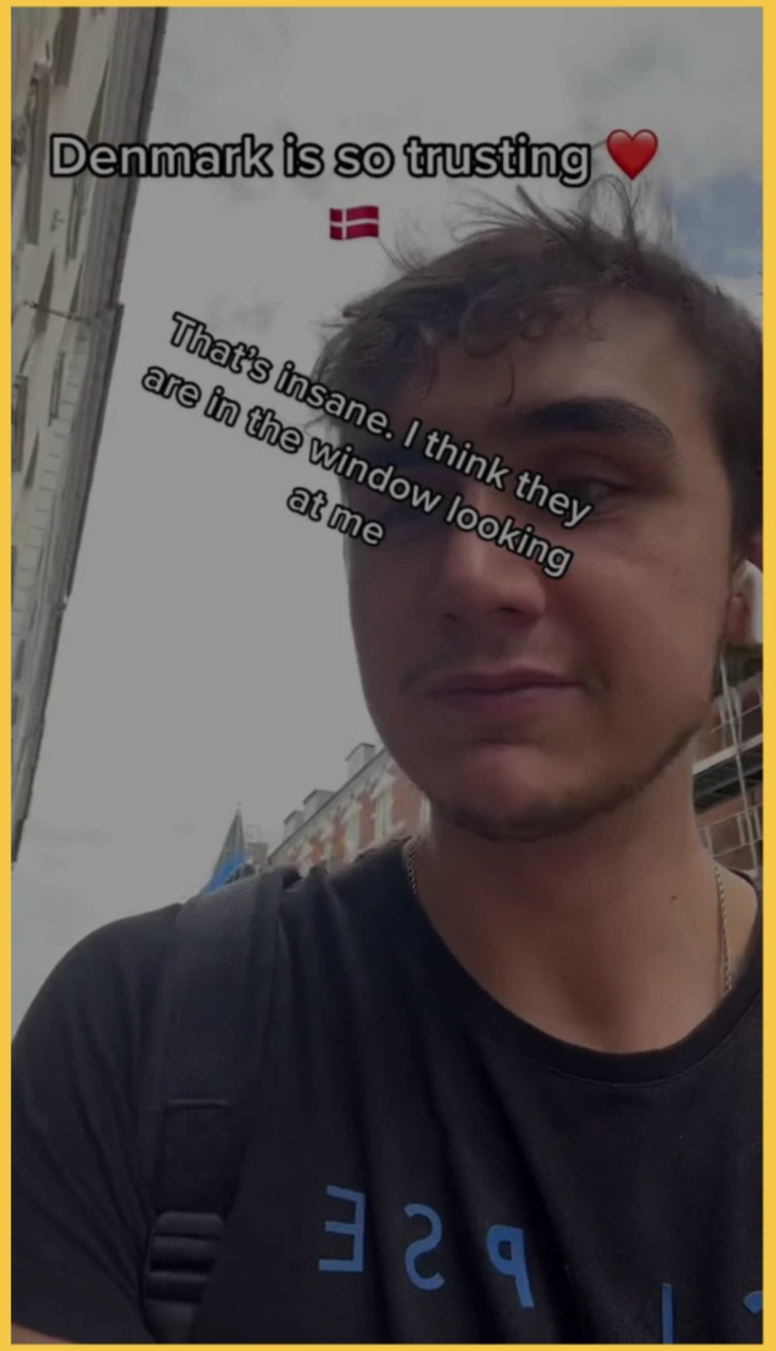


©Kim Wyon



"a concept, originating in Denmark, of creating cosy and convivial atmospheres that promote **wellbeing**"

TRUST


Denmark is so trusting ❤️
That's insane. I think they are in the window looking at me

Coming holidays



November 29 - 1st Day of Advent
Julefrokost - Christmas lunches
December 13 - Lucia Day

Christmas Season
December 24 - 26
(25 & 26 official public days)

New Year!
Winter School Holiday
Week 7 (Feb 13 - 21)



CORE VALUES

- Civil values
- Freedom
- Equality for the law
- Democracy
- Gender equality
- Social & cultural values
- Trust
- Associations & Voluntary work
- Liberality and tolerance
- Christian heritage
- Culture-specific values
- The Danish language
- Hygge

THE DANES

CORE VALUES

- Civil values
- Freedom
- Equality for the law
- Democracy
- Gender equality
- Social & cultural values
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- Liberality and tolerance
- Christian heritage
- Culture-specific values
- The Danish language
- Hygge




Denmark ×
Mexico ×
United States ×
18
81
40
89
34
60
16
69
62
23
82
46
59
23
50
70
97
68
Power Distance
Individualism
Motivation towards Achievement and Success
Uncertainty Avoidance
Long Term Orientation
Indulgence



TIME



BUILDING FRIENDSHIPS

OFFICE LIFE



FAMILY LIFE




JUST DO IT

NiE

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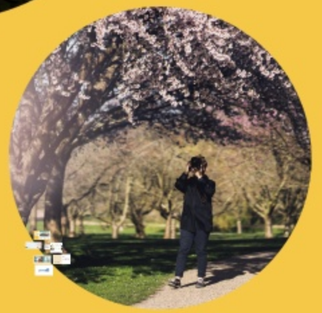
Transportation



Social Life



Networking



Job search

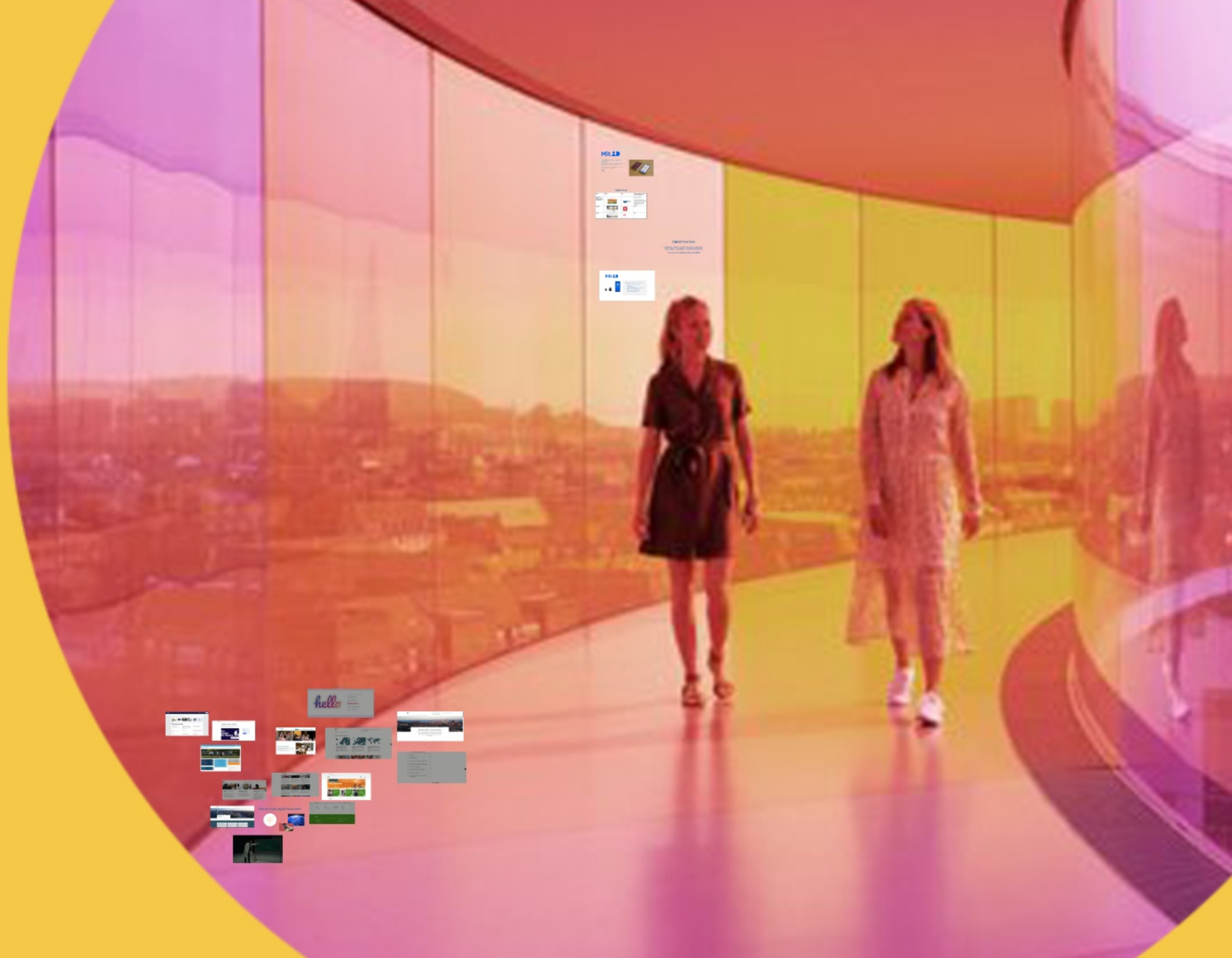
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Websites & Digital Denmark



Talent til Danmark – Home
https://copcap.sharepoint.com/sites/TalenttilDanmark



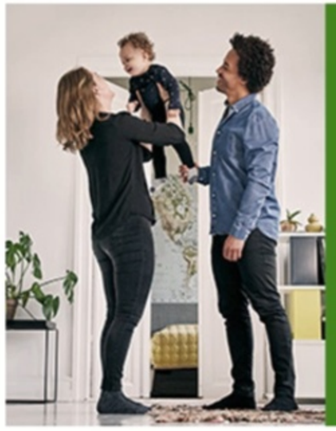
The official guide to

Life in Denmark



Before moving

Things to consider before moving to Denmark



When arriving

Your quick guide to what you need to do as a newcomer to Denmark



If leaving

Before leaving Denmark, there are a few practical matters you must attend to

All topics

→ More ...

→ More ...

→ More ...

Pension

→ State Pension

→ ATP Livslang Pension

→ More ...

Rights

→ Elections in Denmark

→ Fourteen-day cooling-off period

→ More ...

Leisure and networking

→ Top 25 Dictionary of official terms

→ Danish language training

→ More ...

Digital services

→ MitID

→ Digital Post

→ Цифрові послуги у Данії

→ More ...

international.aarhus.dk

CITY OF AARHUS

Moving to Aarhus from abroad | Live | Study | Work | Events

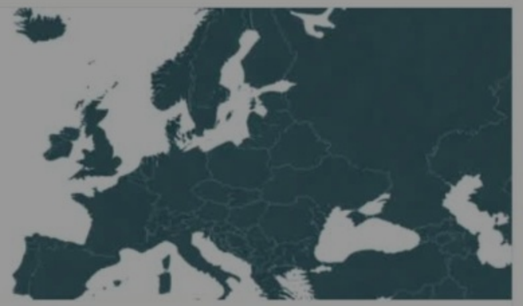
international.aarhus.dk > Moving to Aarhus from abroad

Moving to Aarhus from abroad



Step-by-step guide: Nordic citizens taking up residence in Aarhus

As a citizen from Finland, Iceland, Norway, or Sweden, you are free to live, study and work in Denmark without a residence permit. To register as a citizen residing in Aarhus please follow the steps below.



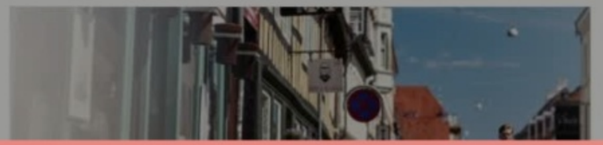
Step-by-step guide: Citizens taking up residence in Aarhus on the basis of EU regulations

As a citizen from the European Union, Liechtenstein, or Switzerland, or as a family member to an EU citizen, you will have to follow these steps to reside in Denmark.

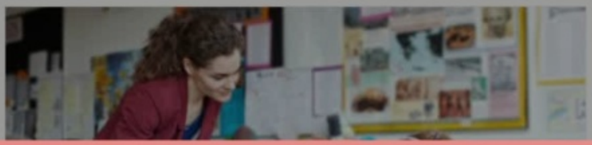


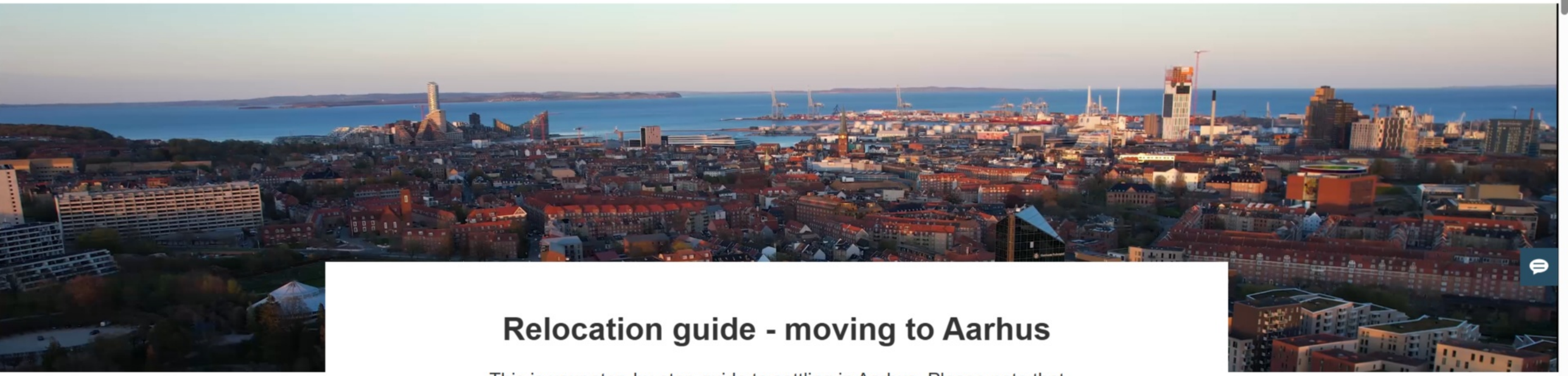
Step-by-step guide: Citizens from outside the EU/EEA taking up residence in Aarhus

As a citizen from outside the EU, Liechtenstein, and Switzerland, intending to work or study in Denmark you typically have to follow these steps when entering Denmark.









Relocation guide - moving to Aarhus

This is your step-by-step guide to settling in Aarhus. Please note that there is no one-size-fits-all process, and your journey may involve fewer, additional, or different steps depending on your individual circumstances.

Apply for a CPR number (civil registration number) +

Obtain MitID +

Read your Digital Post +

Obtain your yellow health insurance card (Sundhedskort) +

Obtain a tax card and learn about your Danish tax affairs +

Receive guidance on finding a job +

Open a bank account and learn about NemKonto +

Enrol your child in childcare +

Obtain information about after-school care services for children and youth +

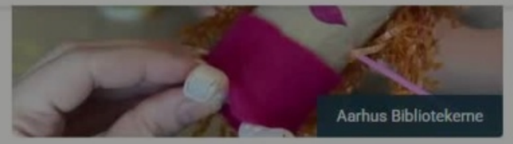
Living in Aarhus

Open all +



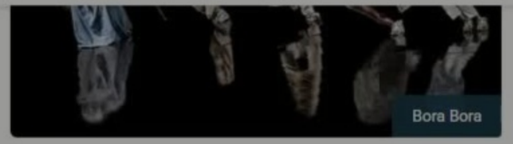
Ambassador
Partner
Student
Company
Newcomer
Resident

internationalcommunity.dk



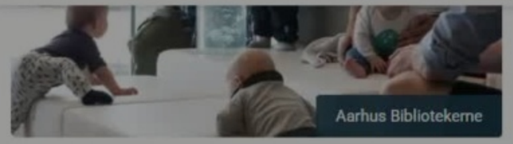
KREA workshop

Come and enjoy a cozy creative time for children and their accompanying adults. The workshop changes theme from week to week, providing inspiration, materials and guidance. The KREA workshop is for children and their accompanying adults as long as there is space available in the room. Children under the age of 10 must be accompanied by an adult.



Remachine

With REMACHINE, Jefta van Dinther creates a holistic artwork about man versus machine. On a huge revolving stage, the dancers move through time as a disciplined, relentless and insatiable marching choir in a balancing act between autonomy and dependence.



Father's playroom

Meet other fathers and get inspiration for playing with your child. FarsLegestue is a place where fathers can be with their children aged 0-3 years. Throughout opening hours, there is a pedagogue present in the playroom. It is also possible to meet a health visitor every time from 13.00-14.00. It is free and without registration.



Digital play

We play many different games, so you can try out a variety of technologies and play with all kinds of cool gadgets and gizmos. We provide inspiration, materials, and guidance. We are also joined by the robots Blue-Bot and Glow and Go Bot, The activities are mainly for children aged 3–12, and if you are under 10, you must be accompanied by an adult.



Newcomers' Info Evening

New in town? Where do you find practical information about life in Aarhus and Denmark? How do you build a social network? And what about Danish culture?



Soloist Concert – Kristin Yr Jonsdottir, flute

Kristin Yr Jonsdottir studies flute at the soloist programme at RAMA. The concert is free, and you can just show up without a ticket. Please come early.

INTERNATIONAL STAFF



Topic

Alphabetical

- Events and activities
- Relocation Services
- Expat Partner Programme
- Guest Researcher Support

- For Administrators
- Research Abroad

- Pre arrival
- On arrival
- Living in Denmark
- Leaving Denmark
- Short-term stays - less than 3 months

- About International Staff Office
- Contact International Staff Office
- Ukraine Crisis: Information for International Staff
- News
- International Staff Newsletter
- Staff service at HR



Your guide to working in Denmark



Get a tax card



Tax assesment notice



Deduction for transport



Calculate your pay



My E-tax

Your Danish tax affairs

Taxation in Denmark

- Setting up life, types of tax, tax liability, leaving Denmark, coming to study

Income, preliminary income assessment and tax assessment notice

- Tax card, B-income, pension and early retirement, cross-border commuters

Deductions and allowances

- You are entitled to deduct certain expenses

Property

- Buying, selling or renting out a home or a holiday home

Debt

- Do you have unpaid debt?

Payments to the Danish Tax Agency

- See how to make a payment and who to contact

My E-tax

- Getting started with E-tax (TastSelv)

Shares and securities

- Calculating gains and losses on shares

Employee benefits

- Free food and accommodation, company car, fee phone, etc.

The Danish tax system - online Q&A

Is filing your preliminary income assessment an overwhelming experience? It doesn't have to be. Join our free Danish tax system online Q&A and get familiar with the Danish tax system.



Registration

12. nov. 2026

16:30 -18:00

Webinar

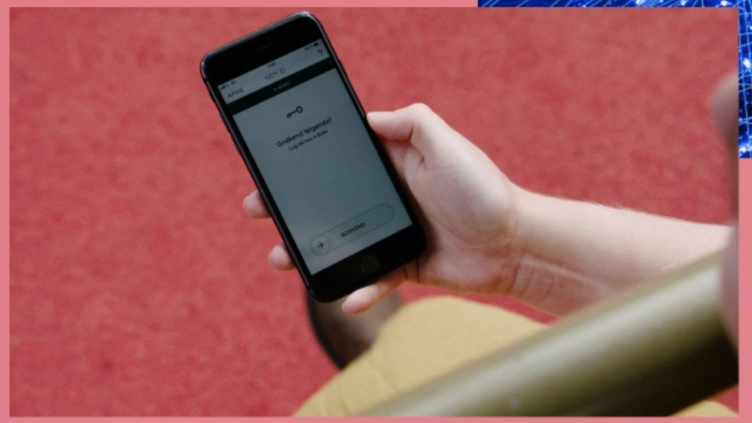
Sign up

How to crack digital Denmark?

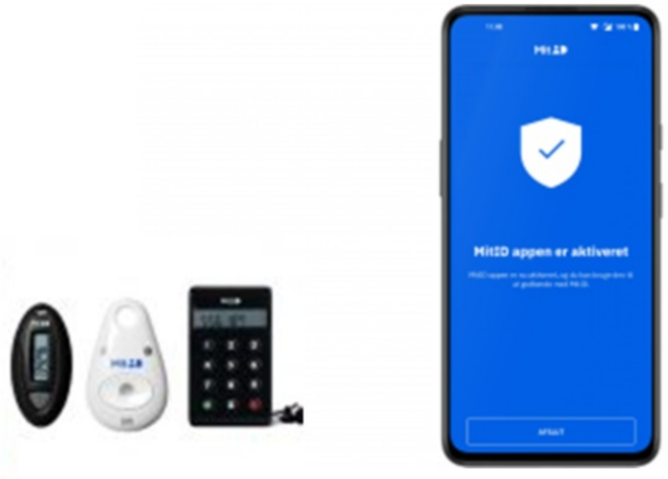
Highly digital public sector

Cornerstones:
MitID
Digital Post





MitID



MitID is your digital ID (also called eID) used for:

- Online self-service solutions
- Digital Post
- Online banking
- Verifying your identity on a range of public and private websites
- Signing documents digitally
- Verifying purchases online

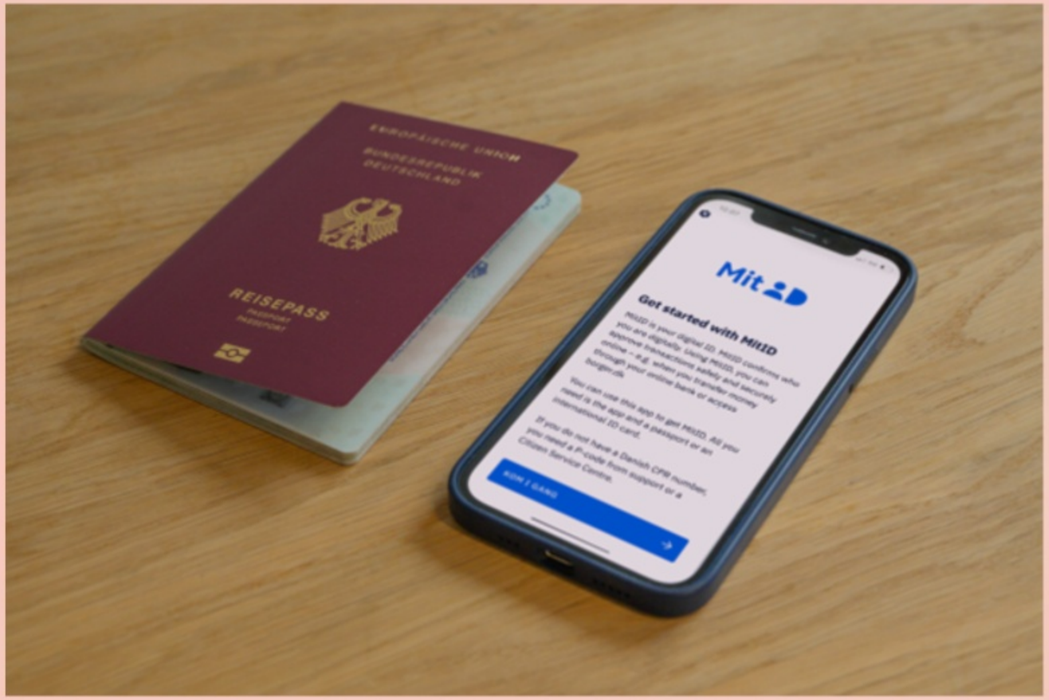
Activate MitID in relation to your CPR registration:

Stay at Dokk1, download the MitID app and scan your passport / international ID card to get started.

If problems: book an immediate appointment with Citizen Service (Borgerservice).

Help:

Mitid.dk

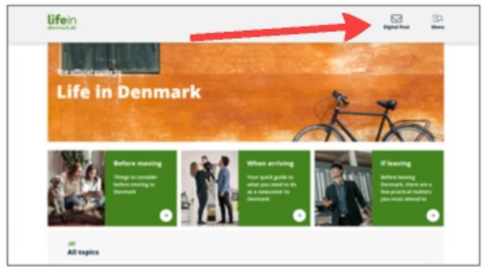
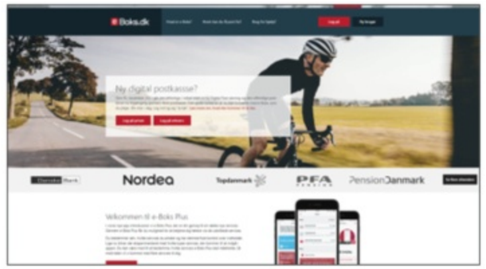


Digital Post fact:

In Denmark, almost all post from public authorities – state, region, municipality - is sent via Digital Post.

You access your digital postbox using MitID

Digital Post

Name	Website	App	Post from public authorities / private companies
Digital Post / lifeindenmark.dk and borger.dk		DIGITAL POST	Public authorities You automatically get this digital postbox when getting a CPR number – via the envelope symbol on the website
eboks.dk			Both
Mit.dk			Both

Health



Before having a CPR number



- You are **not covered by Danish health insurance** before getting a CPR number
- You may have to **pay for hospital care**
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- Bring a valid **European Health Insurance Card (EHIC)** if you can
- The EHIC means your **home country covers your costs**
- If you are from **outside the EU/EEA**, get **private travel insurance**

HEALTHCARE

CPR number = coverd by the national health insurance scheme

CPR registration -> you also choose a family doctor.

Approx 14 days after you receive a yellow health insurance card by post.

The card documents that you are entitled to the services offered under the national health insurance scheme.

SUNDHEDSKORT / HEALTH CARD

Your GP's contact information

Your CPR number

Your name and address



Instead of carrying your card around, the card is also available as an app: "Sundhedskortet"

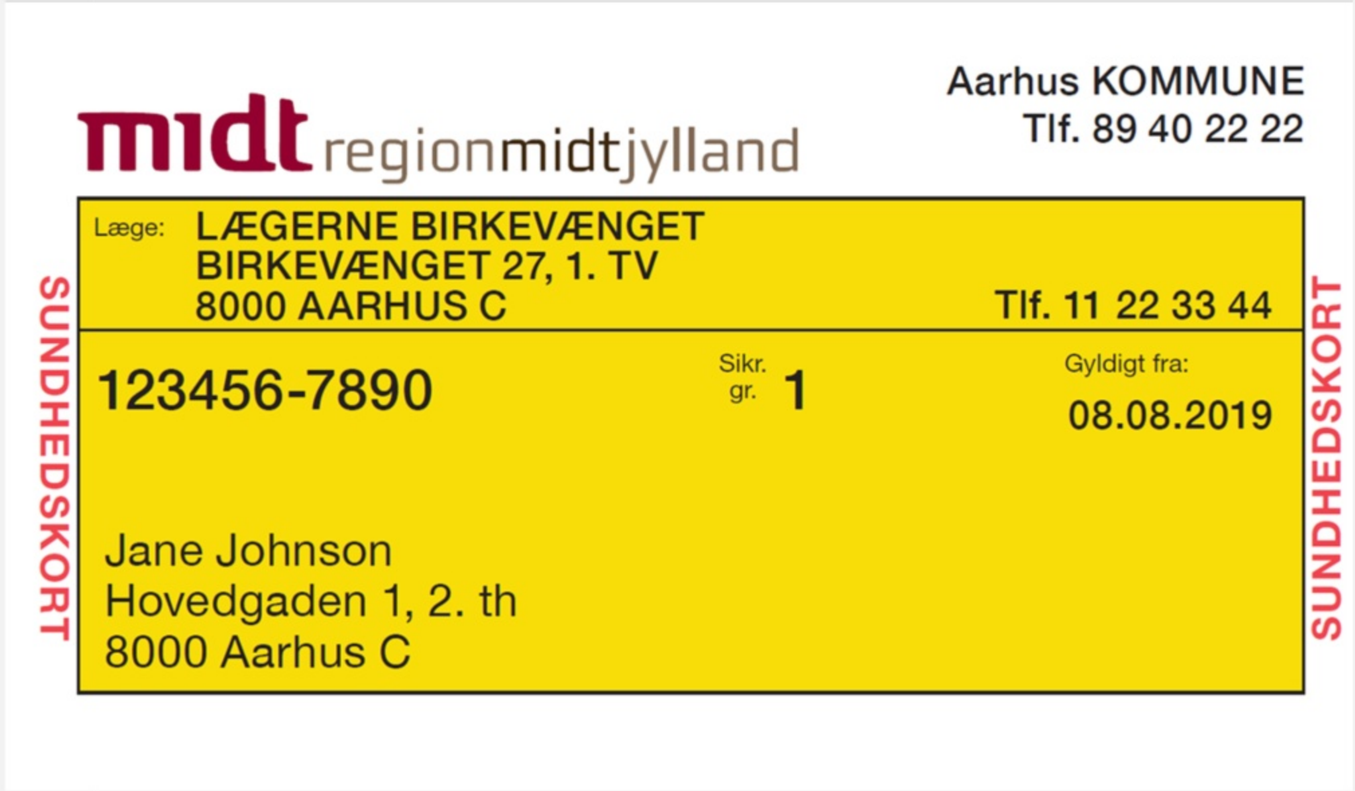


SUNDHEDSKORT / HEALTH CARD

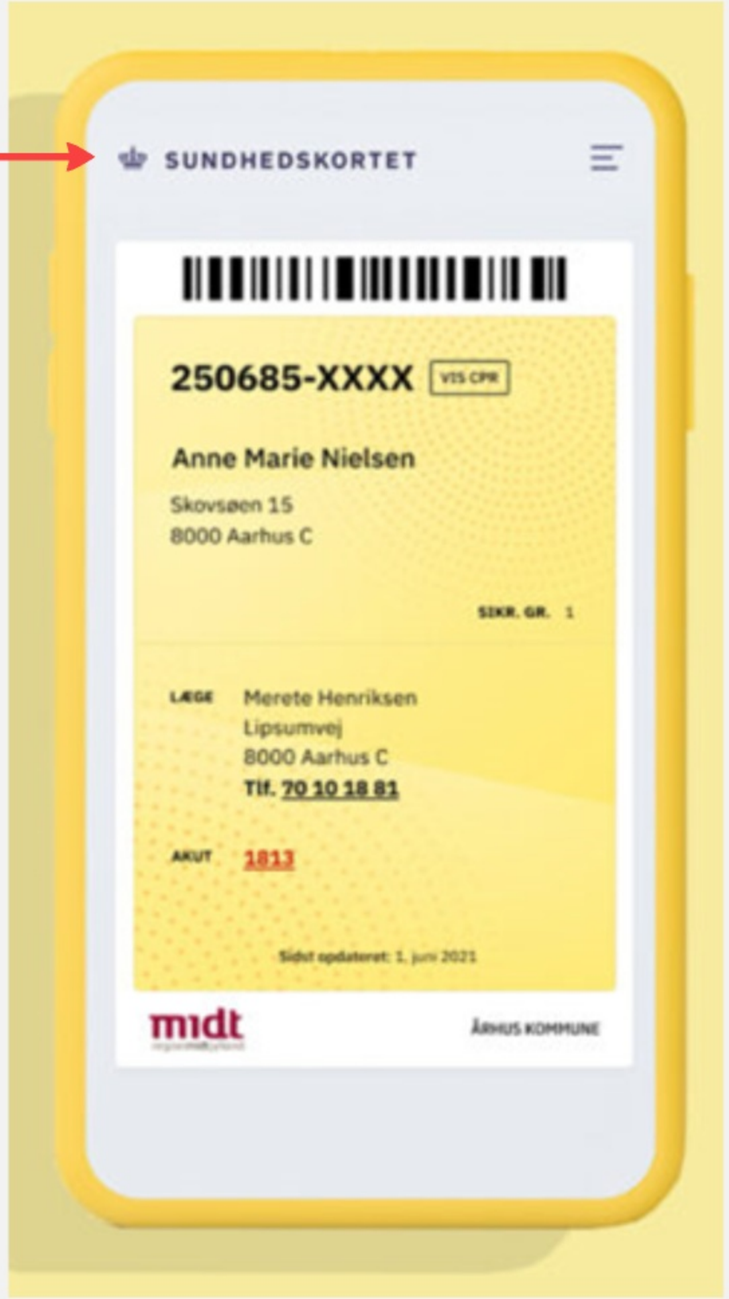
Your GP's contact information

Your CPR number

Your name and address



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Your GP

- Treatment for mild diseases
- Prescriptions – pick up at the pharmacy asap after
- Contraception
- Gynaecological examinations
- Referrals to specialists / other healthcare professionals (there will typically be a co-payment for treatment) or hospital treatment
- Referal to midwife when pregnant
- Some vaccinations (e.g. flu) Children's vaccination programme (mostly private clinics for travel vaccines - Rejseklinik)
- Mental health – symptoms of stress, depression, anxiety, other conditions

- If your child is ill, you call your GP. Paediatricians in Denmark work in hospitals for more serious illnesses.

THE entrance to the Danish healthcare sector.



How and when to contact your GP?

Call - weekdays 8-16

- Talk to a GP within a certain time in the morning (usually from 8.00 - approx. 8.30/9.00)
- Remaining phone hours – usually until noon: talk to a medical secretary
- Dial the CPR number of the person you're calling about
- Acute appointment: When calling you're usually asked to dial a certain number or press a certain key – until 16.00 (4 pm)

Min Læge



ACUTE ILLNESS AND INJURY

Rule of thumb: call first!

During normal work hours (8-16):
Call your GP

→ Consultation with your GP (e.g. video call) and / or direct you to the ER (accident and emergency unit)

During weekdays 16.00-8.00, weekends and public holidays:

Call Lægevagten (out- of-hours medical helpline) 70 11 31 31 (number for the Central Denmark Region)

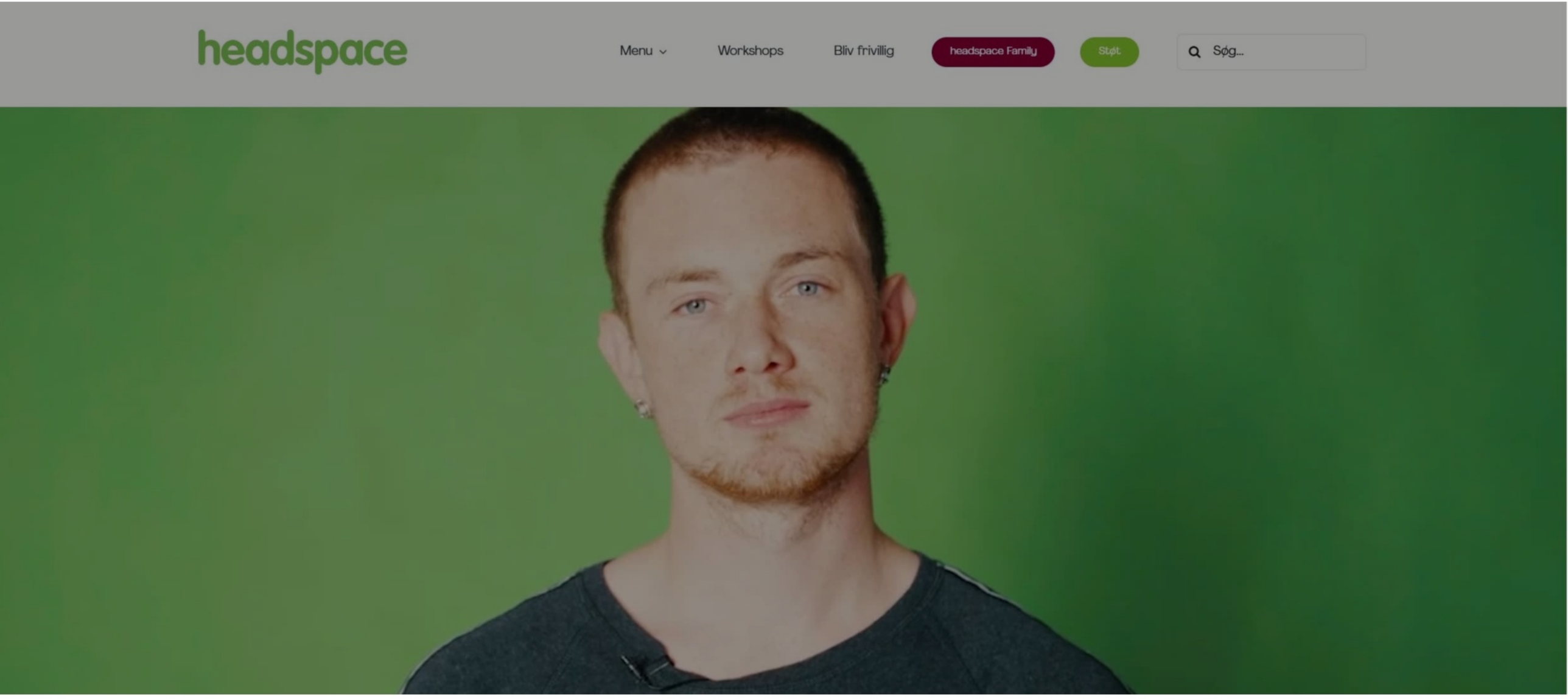
→ Guidance over the phone – video call

Consultation at Lægevagten or possible home visit

Direct you to the ER

Location of Lægevagten /ER: Aarhus University Hospital

Someone to talk to

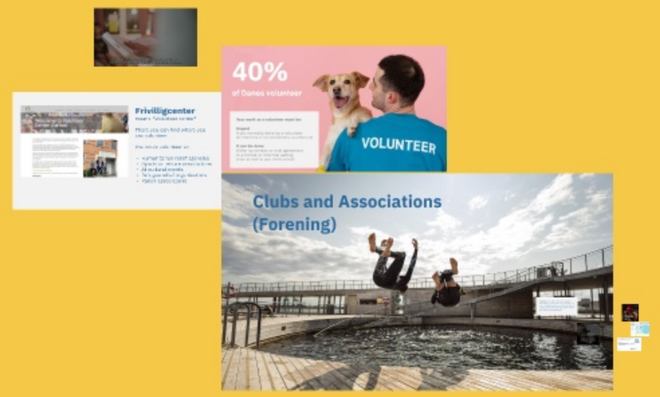


The Danish Healthcare System

Not medical webinar - but designed to provide you with practical and general insights into the Danish healthcare system.

December 10 - online

Social Life


40%
VOLUNTEER
Clubs and Associations
(Forening)


Tza Tzi
REAL GREEK CUISI

40%

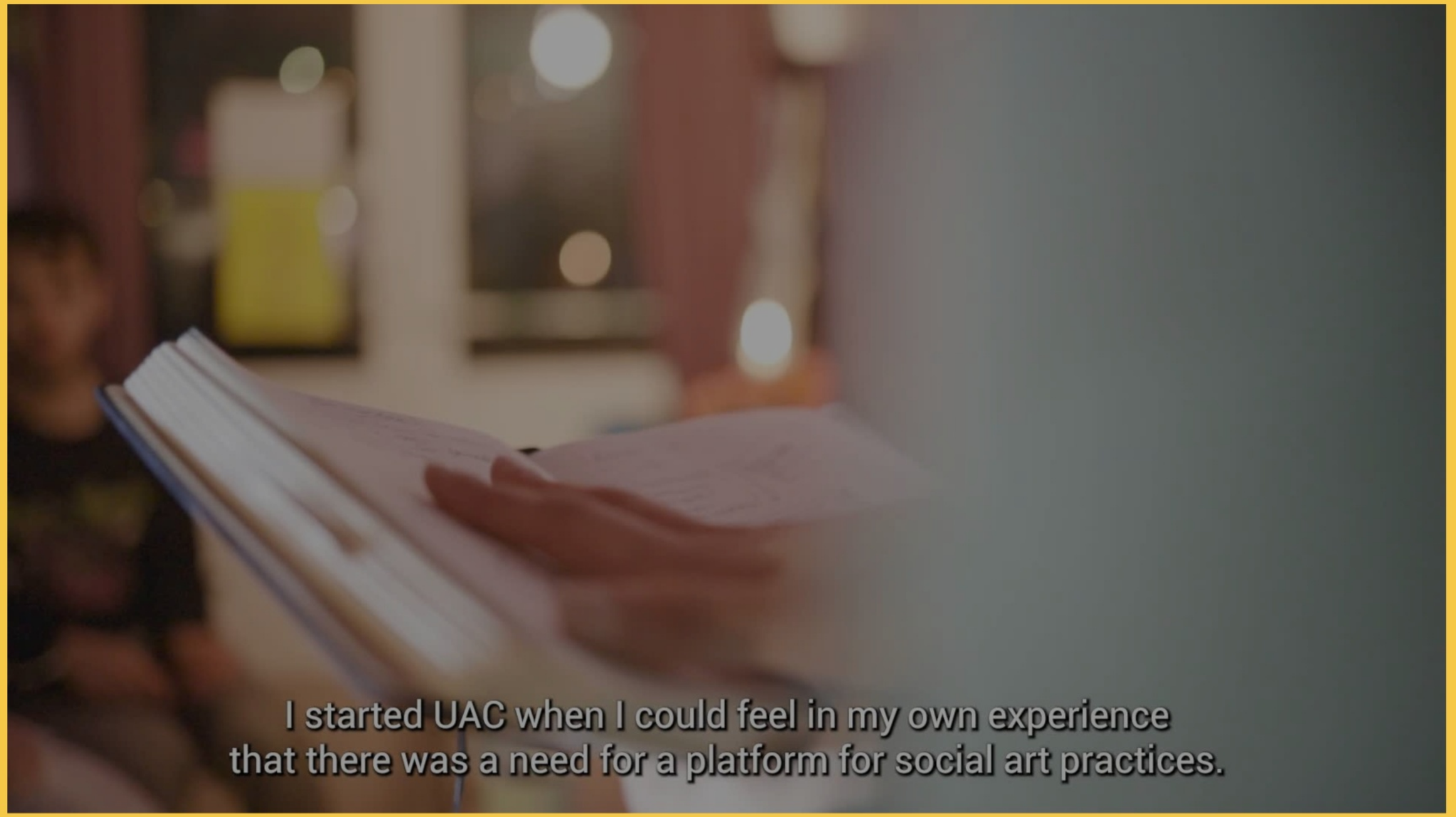
of Danes volunteer

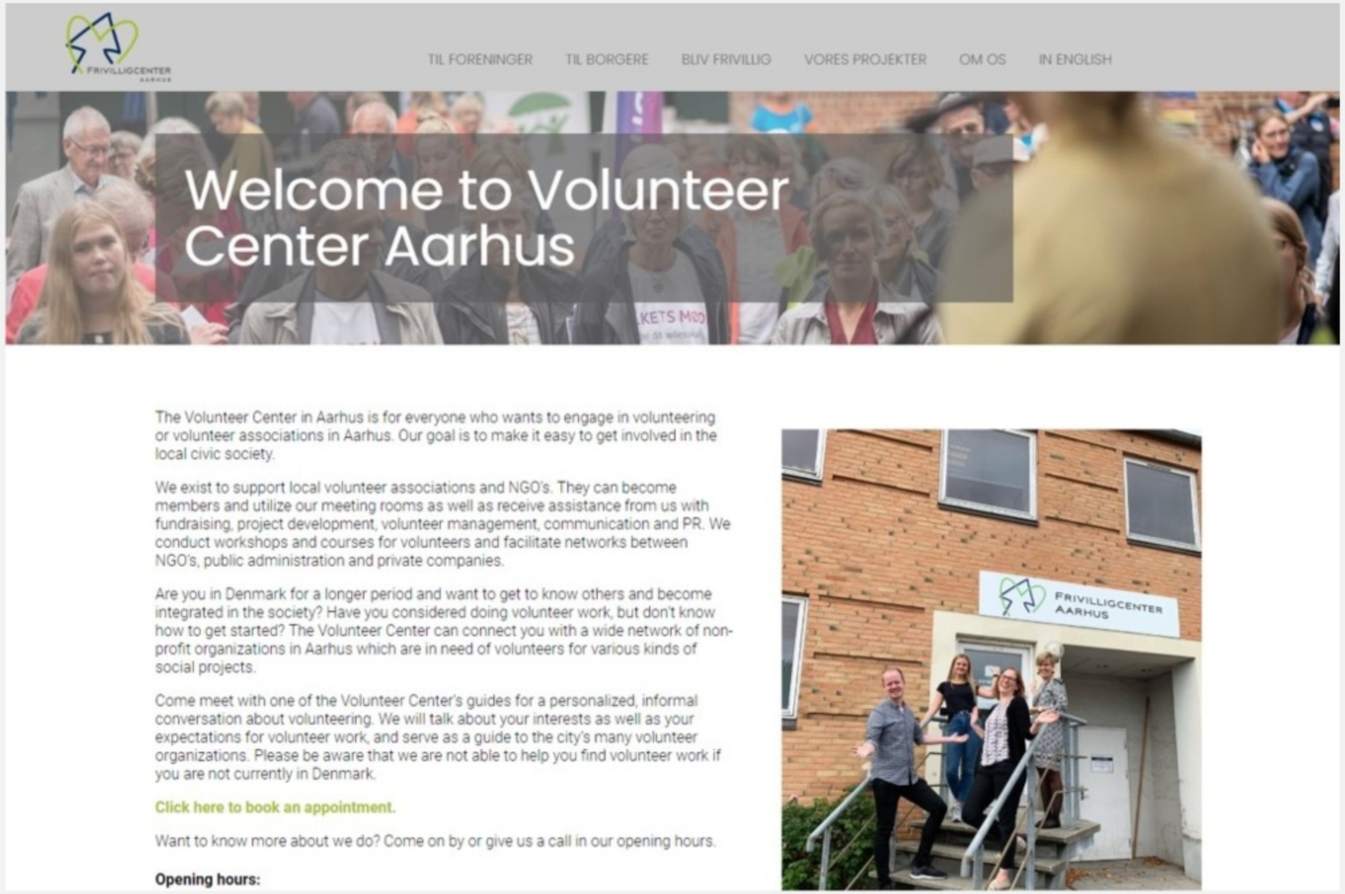
Your work as a volunteer must be:

Unpaid
A job normally done by a volunteer
(an internship is not considered a volunteer job)

It can be done:
Either by written or oral agreement
In a formal or informal setting
(From an NGO to your child's school)




I started UAC when I could feel in my own experience
that there was a need for a platform for social art practices.



Frivilligcenter

means “Volunteer center"

There you can find where you can volunteer.

You could volunteer at:

- Humanitarian relief agencies
- Sports or leisure associations
- At cultural events
- Refugee relief organisations
- Parish associations

Clubs and Associations (Forening)

"Getting involved in a Danish club or association should be your number one priority. Meeting like-minded people and being a part of something positive gives you a sense of belonging."





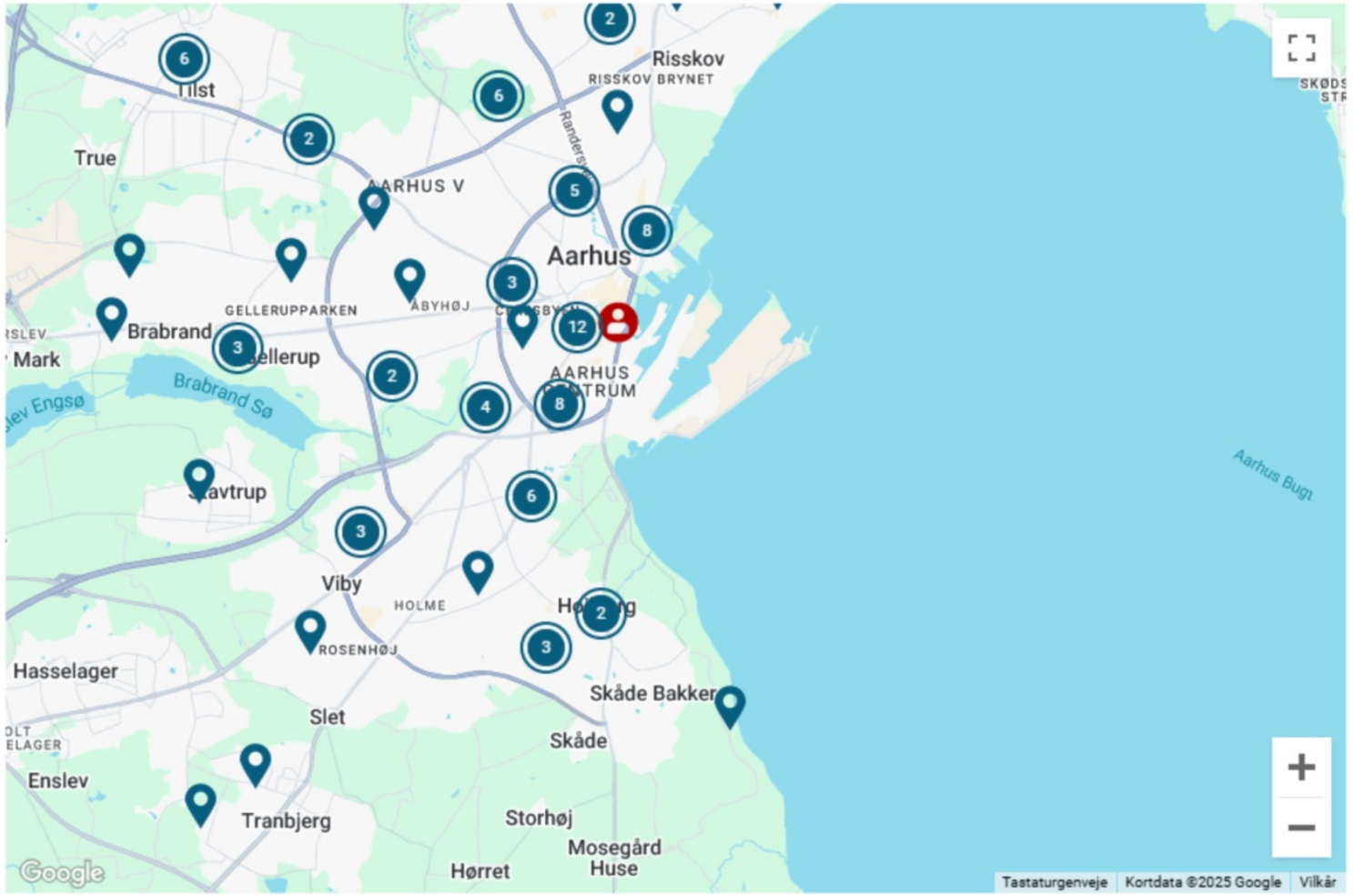
“Getting involved in a Danish club or association should be your number one priority. Meeting like-minded people and being a part of something positive gives you a sense of belonging.”


INTERNATIONAL
COMMUNITY
BY ERHVERV AARHUS
Our brand-new tool
makes it super easy to find
your next hobby.
Explore our map showing
all the clubs around you
and discover that next
adventure!

Search activities

Select category

- All
- Arts and Creativity
- Athletics and Running
- Ball Games and Team Sports
- Cycling and Rolling Sports
- Disabled sports
- Equestrian Sports
- Extreme Sports and Adventure
- Gymnastics and Movement
- Martial Arts and Self-Defense
- Other
- Outdoor Activities and Nature
- Precision Sports
- Racquet Sports
- Strategy and Board Games
- Volunteering
- Water Sports



Activities

ARTS AND CREATIVITY

ForeningsMentor International

A service for you as newcomers with children from age 5-17

We help you with:

- finding the right activity for your child
- finding a club or association near your house or your child's school
- translation and consultation
- information about what is nice to know when new in a Danish association

Go to foreningsmentor.dk/english and sign up

or contact Jakob Østergaard Bjerg

at jaob@aarhus.dk

AARHUS KOMMUNE


INTERNATIONAL
COMMUNITY
BY ERHVERV AARHUS
AARHUS
LINDY
HOPPERS

The OH-SO difficult language...



Learning Danish



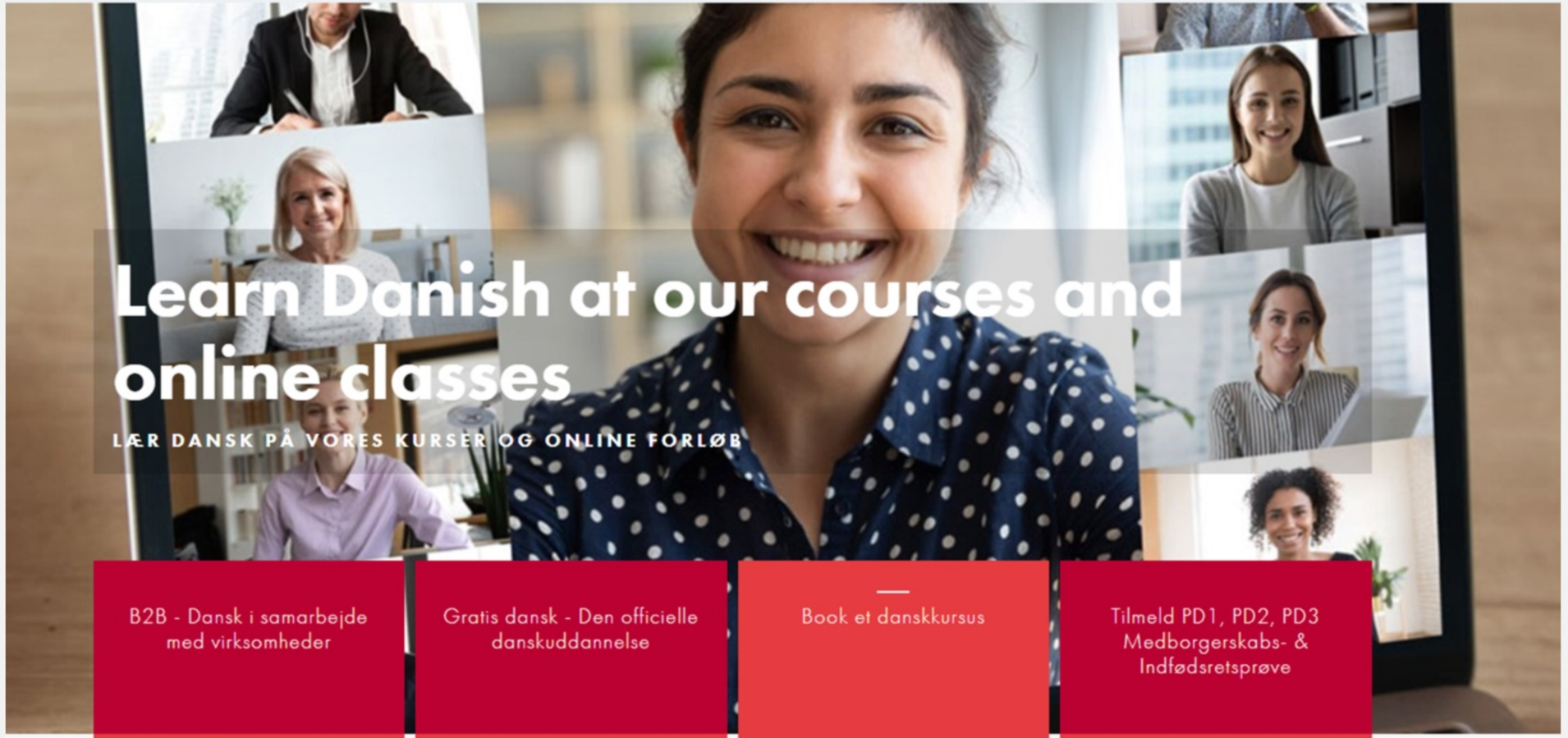




A2B

LOGIN | MENU

TILMELD DIG TIL VORES ONLINE DANSKHOLD - UGENTLIG OPTAG ›



Learn Danish at our courses and online classes

LÆR DANSK PÅ VORES KURSER OG ONLINE FORLØB

B2B - Dansk i samarbejde med virksomheder	Gratis dansk - Den officielle danskuddannelse	Book et danskkursus	Tilmeld PD1, PD2, PD3 Medborgerskabs- & Indfødsretsprøve
B2B DANSKKURSER	DANSKUDDANNELSE GRATIS	VORES KURSER	TILMELDING TIL PRØVER

Transport

Rejseplanen-app: Find your itinerary – public transportation

Biking

Buses: city (yellow) and regional (blue)

Letbane (light rail)

Train

Taxi

To the airport from Aarhus C: Expressbus (Billund, Aarhus), train (Aalborg and Copenhagen)



TICKETS

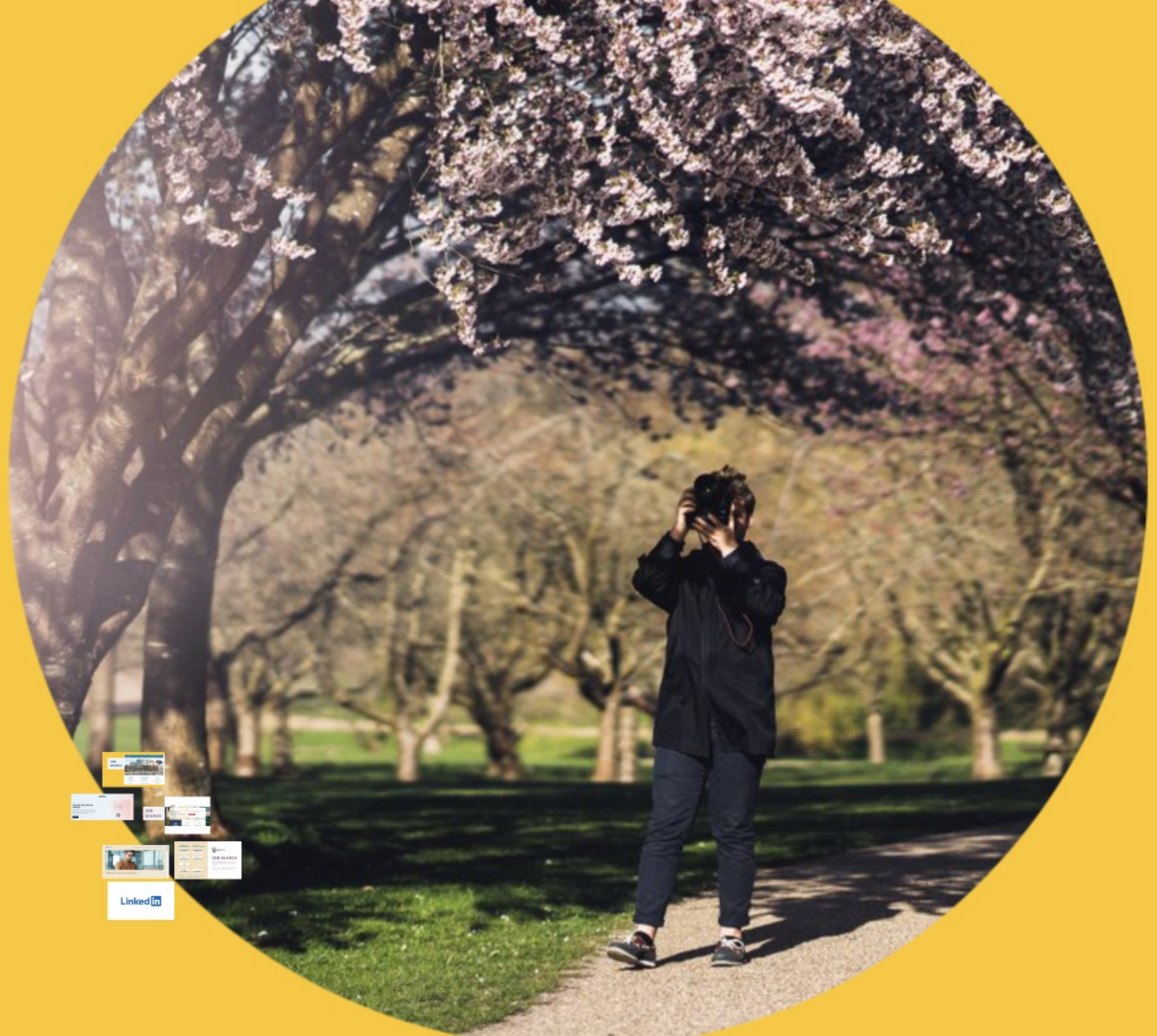
Rejsekort-app – automatic pay as you go –all over Denmark



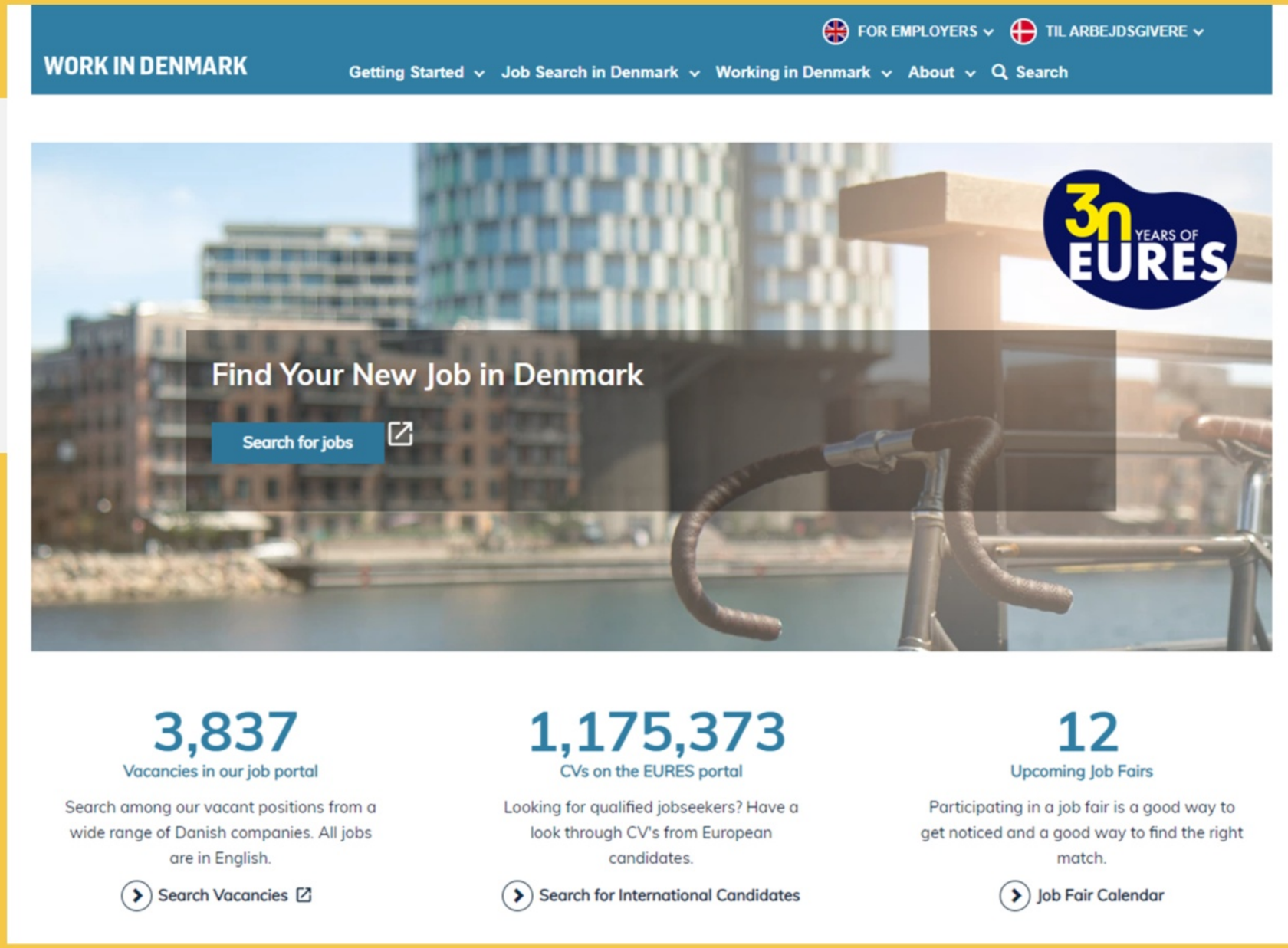
Basiskort: If you prefer a physical card

Rejsebillet-app – single tickets for transport all over Denmark
And commuter pass – for travelling the same distance many times per week

Job search



JOB SEARCH


FOR EMPLOYERS
TIL ARBEJDSGIVERE
WORK IN DENMARK
Getting Started
Job Search in Denmark
Working in Denmark
About
Search
30 YEARS OF EURES
Find Your New Job in Denmark
Search for jobs
3,837
Vacancies in our job portal
Search among our vacant positions from a wide range of Danish companies. All jobs are in English.
Search Vacancies
1,175,373
CVs on the EURES portal
Looking for qualified jobseekers? Have a look through CV's from European candidates.
Search for International Candidates
12
Upcoming Job Fairs
Participating in a job fair is a good way to get noticed and a good way to find the right match.
Job Fair Calendar

A STATE OF DENMARK®

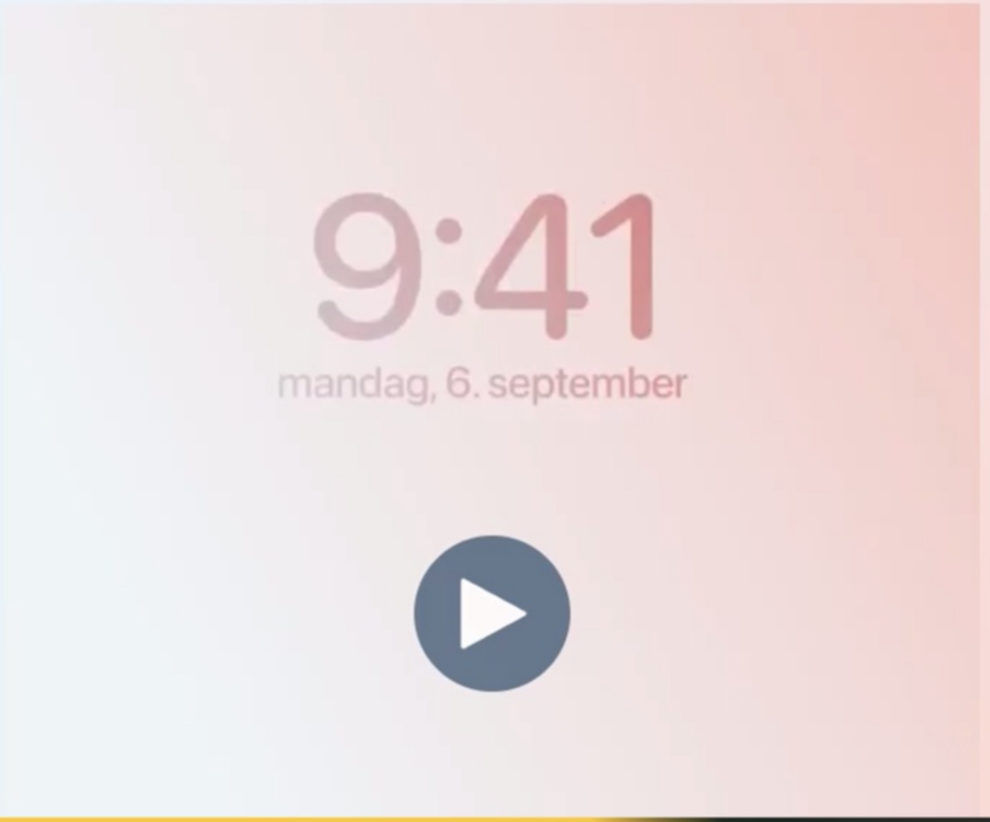
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Your job matches are waiting!

Get access to positions in Denmark that suit English speakers. Find, save, and apply for jobs that match your career wishes.

Sign up

Login



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Welcome, tech professional!

International Employment Unit	International Citizen Service West*
WEBINARS WEBINAR CATALOGUE	WEBINARS WEBINAR CATALOGUE
EVENTS & WORKSHOPS	EVENTS & WORKSHOPS
1:1 CAREER SESSIONS	
HELP WITH JOB RELATED QUESTIONS	HELP WITH JOB RELATED QUESTIONS

*ICS West: Favrskov, Hedensted, Herning, Ikast-Brande, Lemvig, Norddjurs, Odder, Randers, Ringkjøbing-Skjern, Samsø, Silkeborg, Skanderborg, Skive, Struer, Syddjurs, Viborg, Aarhus

THE INTERNATIONAL EMPLOYMENT UNIT
City of Aarhus

JOB SEARCH

The International Employment Unit is a specialised team under Job Centre Aarhus that offers job guidance to internationals looking for work or continuing their careers in Denmark.

They offer different services depending on whether you live in Aarhus or one of the municipalities under the International Citizen Service West framework.


LinkedIn

Networking


"Even if an opportunity doesn't seem of your interest, just go show yourself anyway! Just push yourself to get out"
GROUPS TO NETWORK


“Even if an opportunity doesn’t seem of your interest, just go show yourself anyway! Just push yourself to get out”

GROUPS TO NETWORK

- International Mothers in Aarhus
- Aarhus Internationals
- Aarhus Internationals with Pets
- Latinos in Aarhus

Try searching:

Your nationality + Aarhus

Your faith group + Aarhus



Upcoming Events

International Company Day - November 12
Finally Friday - November 13th
Little Friends – November 18th
Meet Your Club - November 19th
The Danish Healthcare System - Dec. 10th

international.aarhus.dk/events

internationalcommunity.dk/events

internationalstaff.au.dk

(Survey)
Thank you!

Kirsten Vestergaard Lauridsen - lkiv@aarhus.dk
Maria Gomez L. Madsen – mg@erhvervaarhus.dk

Let's Network!

Choose a number from 1-15